What is claimed is:

1. A method of forming a semiconductor device, comprising:

providing a trench in a surface of an insulating film on a substrate, wherein said trench is covered by a barrier layer and a seed layer on said barrier layer;

depositing a metal film in said trench so as to form an embedded interconnect; and while rotating said substrate, electrolessly plating a protective film having a thickness in a range of from 0.1 nm to 500 nm onto a surface of said embedded interconnect using an electroless-plating liquid without using palladium, said electroless-plating liquid comprising:

- (i) cobalt ions;
- (ii) a complexing agent; and
- (iii) an alkylamine borane that is free from alkali metal.
- 2. The method according to claim 1, further comprising polishing a surface of said metal film before said electrolessly plating.
- 3. The method according to claim 1, wherein said electroless-plating liquid further comprises at least one of
- (i) a stabilizer selected from one or more kinds of heavy metal compounds and sulfur compounds, and
  - (ii) a surfactant.
- 4. The method according to claim 1, wherein said electroless-plating liquid has a pH adjusting agent that is free from alkali metal.
- 5. The method according to claim 1, wherein said protective film has a thickness within a range of from 10nm to 100nm.
  - 6. A method of forming a semiconductor device, comprising:

providing a trench in a surface of an insulating film on a substrate, wherein said trench is covered by a barrier layer and a seed layer on said barrier layer;

depositing a metal film in said trench so as to form an embedded interconnect; and

while rotating said substrate, electrolessly plating a protective film having a thickness in a range of from 0.1 nm to 500 nm onto a surface of said embedded interconnect using an electroless-plating liquid without using palladium, said electroless-plating liquid comprising:

- (i) cobalt ions;
- (ii) a complexing agent;
- (iii) a compound containing a refractory metal; and
- (iv) an alkylamine borane that is free from alkali metal.
- 7. The method according to claim 6, further comprising polishing a surface of said metal film before said electrolessly plating.
- 8. The method according to claim 6, wherein said refractory compound comprises at least one of tungsten and molybdenum.
- 9. The method according to claim 6, wherein said electroless-plating liquid further comprises at least one of
- (i) a stabilizer selected from one or more kinds of heavy metal compounds and sulfur compounds, and
  - (ii) a surfactant.
- 10. The method according to claim 6, wherein said electroless-plating liquid has a pH adjusting agent that is free from alkali metal.
- 11. The method according to claim 6, wherein said protective film has a thickness within a range of from 10nm to 100nm.